



Medical Clinic of Houston, L.L.P.

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"The Sunset Clinic" - Established in 1968

Ultrasound Preparations

Appointment Date : _____ Appointment Time: _____

Abdominal Ultrasound	Preparations	Nothing by mouth 6-8 hours before your exam.
	Organs examined	Liver, Pancreas, Aorta, Gallbladder, Common Duct, Kidney, and Spleen.
Pelvic Ultrasound	Preparations	Drink 32 to 36 oz of liquid 1 hour before the exam. Carbonated beverages not recommended. Patient must not empty bladder until exam is complete.
	Organs examined	Female: Uterus, Ovaries, Adnexa Male: Bladder
Transvaginal Pelvic Ultrasound	Preparations	No Prep or water ingestion required
	Organs examined	Uterus, Ovaries, Adnexa
Retroperitoneal (Kidneys)	Preparations	Drink 32oz of liquid 1 hour before exam
	Organs examined	Kidneys, Bladder and Aorta
Renal Artery Doppler	Preparations	Drink 32oz of water 1 hour before exam
	Organs examined	Kidneys, Kidney Blood Vessels, Aorta, and Bladder
Portal Vein Doppler	Preparations	No Prep
	Organs examined	Liver Blood Vessels
Aorta	Preparations	Nothing by mouth 6-8 hours prior to procedure
	Organs examined	Aorta

Continue all medications prescribed by your physician